

HOME FEATURES OF TIMELY INTEREST

FASHIONS, ENTERTAINMENT, HOUSEHOLD ART BEAUTY, RECREATION, HEALTH

Young Girl, Older Man Are in Love

Wife Doesn't Object to Love Making. Maid Writes

By VIRGINIA LEE
"DEAR VIRGINIA LEE. I am a girl of 17. I am in love with a married man of 42. I love him dearly and know he loves me. He has a wife and family of five children, two of them being older than I.
"We had been meeting out so as not to let his wife know about it. She later found out and now permits us to do our loving in front of her.
"What is puzzling me is am I doing right? Is there any objection when she doesn't care?
"Don't tell me to break away from him for I've tried it and it can't be done. He said he couldn't break away from me either."
"WONDERING."
Have you tried to think just why this man's wife permits you and her husband—who is old enough to be your father—to make love to one another in front of her? Of course it may conceivably be that having lived with him more years than you are old, she doesn't care for him any longer and would just as soon you would have him.
But it may also be that she thinks that if she lets him see you freely he will the sooner tire of you and come back to her.
If he does so tire, what is going to become of you? He will be all right. He can excuse himself by saying that you dumped him and he was weak and couldn't resist you. And his friends will joke him about his silly little girl friend and accuse him of "robbing the cradle," etc.
But your reputation will be gone, and boys your own age, knowing that you have been involved in this kind of an affair, breaking up a man's home, will not want you. Where is your mother? What has her training been that you feel no guilt at your actions? I suppose you wouldn't listen to any older person's advice. You love this man—who is the one who should know better—and cannot see how unfair he is to make love to you.
You ask me not to tell you to leave him. But what else CAN I tell you? Try to picture yourself in the wife's place. If she still cares for him. Think how young you would feel if your lover was making love to some other girl before your eyes. And would you really want to wed a man so much older than yourself, with children who are your seniors? If you do, I will be willing to wager almost anything that you will be writing to me again and asking me what you can do to extricate yourself, as you are so unhappy. I hope you never will have to write me so, but I hope that you will feel free to do so. And I will promise not to say, "I told you so."

FEELING BLUE'S trouble is that she is in love, but the young man who used to make dates three or four times a week now only comes twice a week. However, he hasn't been working and has to depend on being allowed to have his father's car. She does everything he wants her to for fear she'll lose him.
Feeling Blue also wants to say a few words to Rena, whose letter was in the column a while back. She says:
"There are several girls that are suffering the same as you and I. But all we can do is brace up, face things with a smile. Everything will turn out all right. Write to Virginia and let us know how things come out for you. Pal. Wishing you lots of luck, happiness and success, you have my sympathy."
It's possible that the boy friend really cannot come to see you as often as he did, Feeling Blue. He naturally feels queer about dating a girl when he has no work. Many a boy is up against the same proposition. You must be patient if you really care for him. And thank you for writing and sending your sympathy to Rena.
And one thing more: I believe you will find that a girl does not have to discard her ideals of conduct in order to hold a young man. She is much more likely to win his lasting admiration if she does what she thinks is right.

Wife Preservers
Particles of broken glass may be picked up easily by covering them with a woolen cloth. Pat down gently until every bit of glass is stuck to the cloth, then burn the cloth.

THERE'S "NEW DEAL" IN SHOES

Season's Footwear Shows a Number of Interesting Features and Includes Ensembles of Boot and Bag



Left, black and white frock, black kid shoes, black turban; right, gold flecked dress, black shoes, hat; center, reading down, ensemble of bag, shoes; oxford with hook eyelets; "spat" shoe; black and white pump.

By LISBETH
IN SPITE OF the fact that skirts are longer, shoes are, if possible, more important than ever. Frocks for everyday wear are still short enough to make a neat pedicure extremely necessary. And for evening, the long skirts must be lifted out of the way when dancing, especially where there is a train. And then the shoes are dis-

played in a way to make smartness imperative.
The "New Deal" in shoes shows many important features, as, for instance, the exaggerated tongue shown on the model at the right of the picture; or the hook eyelet, which is said to be inspired by the eyelets of the bicycle shoe worn in the mauve decalé.
The black crepe frock, left, with its pleated collar and bodice, is completed with the tiny black turban and black kidskin opera pumps.

A smart daytime frock of black wool with gold flecks woven through it, and buttons and belt simulating gold coins, is worn with the aforementioned black kid shoes with exaggerated and perforated tongues, a clever semi-dress type.
The ensemble of "matine" of shoe and bag is not overlooked in this new season. Such an ensemble is shown to center, where the theme of a pair of kid shoes with white piping and crystal buckle is repeated in the matching bag of kid and antelope with the same buckle.

American Homes Sound, Declares Jewish Rabbi

BY GARRY C. MYERS, PH. D.
Head Department Parent Education
Cleveland College, Western Reserve University.

MY FELLOW townsman, Rabbi Hillel Silver, has written an excellent book on "Religion and the Changing World."
It is a vigorous call by a modern Jeremiah to all sorts of people to return to Jehovah, written in the light of modern times. Liberal Christians, as well as Jews, will welcome this book. But it is about his chapter on marriage and the American family I wish to quote.

"Marriage is not an arrangement of convenience, physical or financial, to be entered into at will and dissolved at whim. The ordinary standards of convenience which apply to the commonplace relationships of men cannot be applied to this basic human relationship. It is a holy covenant between two souls pledged to reverse one another, to face life's tasks together, sorrow, struggle and disillusionments, to be each other's complement, to build a home and to shield and love the offspring of their union. The integrity of the family, rather than the chance happiness of the individual, is the primary concern. Men and women must learn to look upon the conflicts incidental to the adjustment of personalities within the marriage bond, as the very stepping-stones upon which they are to rise to the higher levels of self-completion."
"The American people know that all the demands which are being put forward for looser ties within the home, for easier divorce, trial marriage, companionate marriage or free love, are not the progressive claims of morally advancing social order. They are the atavistic hankerings after lower forms of human relationships with which the human race experimented centuries ago, and which were finally rejected because they were found wanting. Far from rendering the lives of men and women freer and happier, as it is fatuously assumed by some in our day, these loose forms of associations were found to cheapen and embitter life, to rob it of its dignity, to reduce sex to its lowest physical denominator and to endanger the spiritual education of the offspring."
"The millions of American homes

are still sound. Love and fidelity and the spirit of self-sacrifice have not yet entirely vanished from the dwelling places of our people.
There are still vast resources of spiritual and moral strength in the American home, and one needs not anticipate its early liquidation. The affections which build a home are grounded in the very nature of man, and so long as men and women live upon this earth, so long will they build homes and families, and so long will the virtues of loyalty, self-reliance, faithfulness and mutual abiding with them."

The modern hook eyelet, inspired by the era when the bicycle was the favorite mode of locomotion, is shown next in a smart oxford of brown kid. The "spat" shoe is another novel yet conservative model, shown third from the top. Brown kid is used for the major part of the shoe, with the top section of matching suede. The only trimming is stitching and perforation on the vamp.

Below is a dress pump in black and white with decorative insets of patent leather piped with white. For formal evening wear sandals are the choice of most, needless, or in contrast type with dainty cross-strappings in metal kid or tinted satin.

EDITOR'S NOTE: Six pamphlets by Dr. Clendening can now be obtained by sending 10 cents in coin, for each, and a self-addressed envelope stamped with a three-cent stamp, to Dr. Logan Clendening, in care of this paper. The pamphlets are: "Indigestion and Constipation," "Reducing and Gaining," "Infant Feeding," "Instructions for the Treatment of Diabetes," "Feminine Hygiene" and "The Care of the Hair and Skin."

JUST AMONG US GIRLS

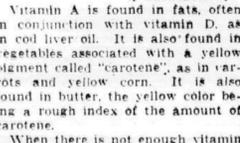


Just give a boy a little time on his hands, and he'll have a girl on the phone.

Is Carotene Vitamin A? Medics Ask

Dr. Clendening Tells of Conclusions of Chemist

By LOGAN CLENDENING, M. D.
INTEREST in the vitamins, which has been largely concentrated upon vitamins C and D, has shifted actively to vitamin A. Our knowledge of vitamins C and D, for practical purposes, is almost complete. At least, it seems to be complete for the moment, or until some other discoveries raise unsolved problems. Research in vitamin A, on the contrary, has been very active, and a number of questions have been raised which are not answered entirely satisfactorily.
Vitamin A is found in fats, often in conjunction with vitamin D, as in cod liver oil. It is also found in vegetables associated with a yellow pigment called "carotene," as in carrots and yellow corn. It is also found in butter, the yellow color being a rough index of the amount of carotene.
When there is not enough vitamin A in the body, infections of the eye occur in infants. It is thought that its presence in the body also increases immunity to any infection. It also stimulates growth.
The questions which arise are whether carotene is actually vitamin A, and whether it can be formed in the body from its chemical elements, or whether it always must be introduced in the diet. Another question is, whether it is necessary to add vitamin A deliberately to the diet, as we do with vitamin D (cod liver oil) and vitamin C (orange and tomato juice).
A Cleveland chemist, A. F. O. Germann, has concluded from his studies that carotene is actually vitamin A, and that it is synthesized in the body, and that it is advisable to add vitamin A to the diet. He calls the substance he isolated "vitin."
Some of the claims that he makes for its use are remarkable. It improves vision in cataract. It desensitizes against house dust. It protects the nose and throat and bronchial tubes from infection; also the digestive tract from infection. A pediatrician said to him: "If I told you everything that carotene seems to be doing in my practice, it would sound like a fairy story. I am prescribing it so often, I am ashamed to tell you how much."
It is reported that people susceptible to colds and other respiratory infections, who get very little benefit from cod liver oil, received full protection during the 12 months adequate with dosage.
These statements have, however, by no means gone quite uncontroverted. Prominent New York investigators feel that our diet contains sufficient of vitamin A without artificial attempts to add to it. Nor do they believe that extra amounts of the vitamin protect from infections quite so strikingly as is indicated in the paragraph above. However, since it appears to be harmless, there is no reason why anybody who wishes to add it to the diet need hold himself back.



Dr. Clendening

My first husband, Dr. Karl Vollmoeller, wrote this wonderful play for me, urging me to play the nun. I tried it half-heartedly, but one couldn't continue half-hearted in such a beautiful role. And before long my health improved, until finally there was no trace of the deadly tuberculosis in my system. I had left a sanatorium to play the role. My doctors had warned me that the exertion would kill me. It cured me instead.

By LILIAN CAMPBELL
PLAYING the Madonna in Morris Gest's great religious spectacle, "The Miracle," brought health back to Maria Carmina, beautiful Italian actress, known to the world as Princess Georges Matchabelli.

Now her conversion to mysticism, as a disciple to Shri Sadgura Meher Baba, the Parsee who has not spoken for nine years, threatens the loss of her husband, a Georgian prince, who recently is said to have confirmed reports of their divorce.
The princess has been a resident of New York for 10 years, being known as Princess Noring Matchabelli. She contested with Lady Diana Manners for the role of the Madonna in "The Miracle," the two actresses sharing the honors between them. "I was a consumptive girl waiting for death," she once told a reporter.

"NUN" TURNS PARSEE

Actress Whose Impersonation of Madonna Brought Health, Turns Mystic



Maria Carmina—Princess Matchabelli—as the nun in "The Miracle", and as she looked when returning from Europe.

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"The role of the nun has become my life," Princess Matchabelli once declared. "No one can take it from me."
There was much bitterness, therefore, when Lady Diana Manners was given the nun's role, and the princess sued Gest for half a million dollars. After six years a compromise was effected.

HOUSEHOLD HINTS

By MRS. MARY MORTON

MENU HINTS
Green Peppers Stuffed With Tuna Fish
French Fried Potatoes
Roast Apple Salad
Orange Marmalade Custard Pie
Tea
This menu was served to three people for a Saturday night dinner. The marmalade addition to the custard pie is an English trick.

Today's Recipes
Stuffed Peppers—Cut three large peppers lengthwise. Remove seeds and membrane and parboil ten minutes, until soft but still holding their shape. Make a cream sauce with one tablespoon butter, one of flour and a cup of milk. Add tuna fish. Place pepper halves in shallow baking dish (one which can be used as serving dish), fill with tuna mixture, sprinkle cracker crumbs over top and dot with butter. Brown in oven about half an hour.
Rosy Apple Salad—Scoop centers from red apples, chop with nuts and celery, moisten with mayonnaise and replace in apple cases.
Orange Marmalade Pie—Spread a thin layer of orange marmalade over the unbaked pie shell before adding the custard.

FACTS AND FANCIES
Apples and Cranberries
An uncooked cranberry relish is made by forcing equal portions cranberries and apples through the meat grinder and sweetening them to taste. This relish is delicious with all types of meat. Serve it, for example, in small apple shells around the roast of pork, or use it as a salad. White grapes are nice to add to this mixture when serving it as a salad.

SAVE THE PIECES

By HANNAH
A HOUSE COAT for the young man of the house will be greatly appreciated by the boy in his teens, who always wants to stay up a little later to hear a radio program, to

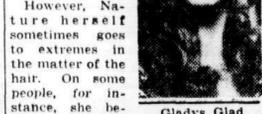
finish a favorite book, or perhaps sneak down early Sunday morning to verify all the football scores. It can be made on the pattern of the old blanket robe he has outgrown, and could be made from one of mother's old dark flannel coats, but I don't recommend that too strongly, for boys are apt to be sensitive about anything finding its origin in mother's wardrobe. For the very small boy mother's things might be used. Here is my idea, which has already been sponsored by a junior high lad, and with his endorsement I pass it on. It is a three-quarter-length robe with tailored panels, four patch pockets and a wool cord belt. It is made from dad's old lightweight top coat. It was a nice tweedy mixture of a very soft lightweight wool, not the prickly kind.
The brown or blue plaid, soft wool top coats would be quite as swank, and maybe even better for the conservative tastes of boys. One mother has found it much easier to get her son into his evening bath and out since he has a swagger house coat in which to emulate his dad.
If you want to make him very sporty, make him a pair of flannel slacks, and give him a sleeveless little sweat shirt to complete his lounging costume.

Style Whimsy
To add zip to your evening gown, adopt one of those cunning little jackets made of glittering bugles, beads or sequins. Girdle and yoke of the frock may repeat the bright motif.

Kinky Locks Not Pretty, Says Gladys

Better Straight Hair Than Over-Curly for Beauty

By GLADYS GLAD
"America's Most Famous Beauty"
"OVER IN FRANCE, before the bloody French Revolution occurred, women decorated their heads to reflect the glory of their husbands. In that era, the more fantastic the coiffure, the more aristocratic it was thought to be. And those French lassies certainly went to extremes!
However, Nature herself sometimes goes to extremes in the matter of the hair. On some people, for instance, she bestows hair that is provokingly straight. And to others she gives hair that is exasperatingly curly. Of course, most women have a yen for curly locks. But it's far better to have straight hair than have over-curly hair. For it's easier to put a wave in straight hair than it is to remove the kinks from too-curly hair.
Frizzy, kinky hair is far from attractive, and is usually very difficult to keep in order. Such hair tends to tangle and snarl very easily, and seems coarse and wiry in texture. As a consequence, it must be treated with more care than an ordinary head of hair. For while it is impossible to remove all the kinks from frizzy hair, a great deal can be done to make such hair appear softer and smoother.
In the first place, frequent hot oil treatments help to improve kinky, disorderly hair, as they correct any dry wiriness. Vinegar rinses are also beneficial, because they soften the hair and make it more tractable. And proper finger-waving also helps to train kinky hair into more attractive waves.
When treating kinky hair, the best course is first to give the hair a hot oil treatment, as outlined in my "Beauty Culture" booklet. Then the hair should be thoroughly shampooed and rinsed, and a vinegar rinse used at the last. This rinse should be composed of half a glass of elder vinegar and a pint of clear water. After the shampooing, the hair should be set in wide, loose waves, and the waves should be pinned securely into place. If this is done each time that the hair requires shampooing, the hair will eventually lose its kinkiness, and will become trained to retain a smooth, even wave."



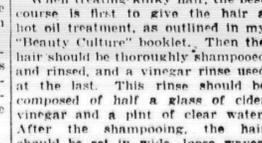
Gladys Glad

ANSWERS TO QUERIES
Skin Tumors
Mrs. E.: I would advise you to consult a competent skin specialist about the skin tumors. You may use either plain lemon juice or dilute peroxide to bleach the skin of your neck.
Feet and Ankles
Dora: The exercises listed in my article on "Care of the Feet and Legs," are excellent for strengthening the arches and shaping the ankles. I cannot print these exercises in this limited area.
Powder Base
Ellen: If your skin is oily, I would suggest that you try using a good astringent before applying your make-up. This forms a most effective powder base for an oily skin.

EDITOR'S NOTE: While it is impossible for Miss Glad to answer beauty questions by mail, she will be happy to send you her pamphlets on "The New Figure" and "Beauty Culture" if you will write her, care of this paper, enclosing a self-addressed envelope stamped with a three-cent stamp, and ten cents in coin for each, to cover cost of printing and handling. For her articles on "Care of the Hands and Nails" and "Care of the Feet and Legs," two cents in coin for each, and a self-addressed, stamped envelope are required. Personal questions on beauty will be answered through Miss Glad's daily column.

Sally's Sallies

The stouter a girl is the less weight she has with some men.



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